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## HEALTH, OUR BIRTHRIGHT

NONA L. BROOKS

**H**EALTH is our normal state, it is our birthright. It is one of the gifts that the Father meant when He said, "All mine are thine." We inherit perfect bodily wholeness, from God, our only father.

Jesus said, "Call no man your father upon the earth: for one is your Father, which is in heaven." Matthew 23:9. This denial of human parentage does not destroy the beauty and responsibility of our human relationship but will bring to it an added strength and beauty. For we shall see that while man is not the creator of living souls yet he is the channel through which the Universal Father expresses His own Being as Living Souls.

Jesus saw himself as the expression of the heavenly Father, "Of myself I do nothing, the Father in me he doeth the works. The words that I speak are not mine but his that sent me." Because Jesus knew that he inherited from this Infinite Life, because he knew that Divine qualities were embodied in him, he knew that the Father's love must possess him; he knew the Infinite Power must be demonstrated in his life; he knew that whatever the Father is must be showing forth in him, and when one of his disciples said, "show us the Father," he could say, "He that hath seen me hath seen the Father"—a wonderful consciousness and one to which every living soul is destined.

Personally, I wish to realize that destiny as soon as possible. It means thought, it means care, it means definite study, it means living day by day to the highest and the best. But there is joy all the way along—just as to the little child there is joy in a new accomplishment. He climbs upon a chair, it is the first time he has been so high. He delights in his achievement. You and I smile patronizingly at him because we have climbed so much higher, but the child feels that he has done a great thing and there is joy when he says, "Look!" Day by day he learns to do something he did not do before. This is growth. So we spiritually must learn to climb higher day by day than we have climbed before. It is our heritage from the Father—His power, not only back of us but within us, seeking its expression. His love, His goodness, His beauty, the fullness of His life, seeking to manifest through us.

Because of our Sonship we declare that we do not inherit disease. We inherit health. It is our birthright, and we may realize perfect harmony. We shall do so when we accept perfectly the great teach-

ing of this Infinite Presence and live according to that Truth.

"Health" has a very large application. Its root meaning is wholeness. Today we grasp that word "wholeness" with a new understanding, knowing that health means that perfect harmony of body, of environment, of mentality, that comes from something still greater—the consciousness of the true spiritual life. We should not have inharmonious conditions and we shall not have them when we have learned to Live the Life. In the face of any experience that I do not like, I know that one of two things has happened—either I am misjudging and therefore resisting something that is all right, which I would welcome did I but understand, or I have not seen Truth clearly enough nor lived truly enough to harmonize my environment. One or the other of these must be the reason for this condition.

In either case what must I do? I must come up higher, I must get a different point of view.

There is just one thing to do, no matter what it is that makes this appearance of inharmony—I must realize the Presence and Power. No one can ever do that so long as he is looking at the inharmony, discussing it and wondering about it. He is wasting time when he turns to the condition itself and tries to analyze it. He is gaining time when he says, "This condition must be the outcome of ignorance and therefore I will seek enlightenment. I can lay hold of the Presence and Power here, now, everywhere and at all times, for no matter whether I see it or not, this moment Its Activity is playing through the atmosphere of this room—yea, but better still, playing through the living being of each one of us—this Great Universal Power. It is the Father in us that will do the works through us when we get 'self' out of the way."

Health means wholeness—harmony in every phase of life. It means richness and beauty; it means joy and satisfaction; it means fullness of individual life. It is the Father's good pleasure to give us the kingdom and the kingdom of God is this perfect power, perfect life, perfect freedom and perfect joy. All of goodness, far more than you and I have ever dreamed is included in this kingdom of God, the perfect health of God consciously realized by us.

Health goes forward to be powerful in all activity and is included in spiritual consciousness. I am not speaking purely of an outward bodily harmony. That belongs to us, it is ours, but I am speaking of



harmony of the whole, harmony of circumstance, harmony of relationships, harmony of mental activities; all of that belongs in this great word of wholeness. You and I, as children of the Living One, inherit this completeness, this fullness.

The beloved disciple said, "Of His fullness have all we received and grace for grace," and that same fullness that dwelt within Jesus, Paul tells us belongs to every one of us. "Ye are complete in him." Every soul can say "I am complete in this Infinite Life." That is health, that is wholeness. Whatever one here this morning feels to be his need, that need is supplied by this Infinite Wholeness. "Seek ye first the kingdom of God and all these things shall be added unto you."

Health has this large meaning, and healing is our coming into consciousness of health; hence one who speaks the word of health for another is trying to bring that other into the consciousness of this perfect Life, everywhere.

Some one has asked me what kinds of diseases I thought could not be healed through spiritual treatment? Did I think there was anything that could not be helped? My answer would be, "I have seen every kind of disease healed. I have seen what are called the last stages of the most malignant diseases entirely healed. Do not think that there is anything incurable. The power of God, the wisdom, the intelligence and the love of this All-powerful One are great enough to heal any disease. It is not the question of the kind of disease. It is the question of the person—how he will respond to Truth; whether or not he will make it the vital thing in his own experience—that is the secret of healing, and there is no other."

When something startling comes, a financial loss or some threatened danger to one's self or to a member of one's family, if one will maintain an attitude of quiet confidence, he will marvel at the results, for such an attitude is powerful. If instead of seeing disease or lack or danger, we will quietly know that while from the human side there is this in harmony, that is not the thing to which we are going to give attention, the supreme thing to which we must give our thought is that *right there* Life is active and Life is God in action. Infinite Love with its wisdom, its power, its goodness, is working there, and Infinite Love must plan for us something much greater than we can plan for ourselves. Infinite Love must know the need far better than you and I can know it. Then can we not quietly rest in It? No matter how "alarming" the experience, may we not be calm in the assurance that the Infinite Power is working for us right there in that circumstance?

During the past few weeks I have seen this as never before. I have felt the Presence at work and I have known that my part was to keep that steadfast attitude. It is faith, it is trust and it brings freedom. I have practiced this over and over again and I have found that it brings a wonderful inner experience and a wonderful response outwardly; and I am asking you, as a means of helping you to the realization of wholeness, to do the same thing. If you will, you will find, as I have found, that it brings the most marvelous results.

Of course, that attitude of quiet certainty of the Presence and vivid consciousness of Its activity, we cannot keep, if we do certain things. We cannot

have that attitude of perfect quiet so long as we indulge in fear, and it is *indulging* because we can put fear from us if we will. Fear means doubt, it means darkness, it means everything that is undesirable. Nor can we attain this wonderful attitude of quiet assuredness and conviction of the Presence and Power so long as we allow selfishness, so long as we allow hatred or dislike of any to possess our thoughts.

It is a wonderful thing to be relieved from the old mental habits that have bound us. "Be ye perfect even as your Father in Heaven is perfect." Did Jesus command something that we could not do? I do not believe so. When we turn to this Infinite Power and let it live its Life through us, we gradually come into fuller realization of that Life and Power. The world needs today, as never before, strong souls that can stand in the midst of turmoil, strife and darkness, and feel the Presence of God.

Here is a verse from Psalms: "They that seek the Lord shall not want any good thing."

We work for the good things of life. We have worked externally; but man is beginning to find that while it is right to help in the world's work, yet there is a secret Something within us that when we attain It, we shall have power, we shall realize good and we shall not be inactive; there will come to us the most positive activity, even the activity of the Infinite One, its richness, its fullness, its power going out through us. That is our heritage, our birthright—nothing less than that is health, for health is the fullness and completeness of our nature realized in all of Life's activities and relationships.

#### LEADERS

Some leaders lead too far ahead,  
High-visioned, unafraid;  
Yet ages after they are dead  
We tread the paths they made.  
Some leaders lead too far behind  
Nor seem to keep the track;  
Yet they bring on the deaf and blind  
Who else would hold us back.  
And some seem not to lead at all,  
Slow moving on the way:  
Yet help the weary feet and small  
Of those who else would stray.  
Lead on, O leaders of the race!  
Your work is long and wide;  
We need your help in every place—  
Before, behind, beside.

—Charlotte Perkins Gilman.

#### GIVING IS THE NEED

BY LUCY LARCOM.

"Take the fruit I give you," says the bending tree;  
"Nothing but a burden is it all to me.  
Lighten ye my branches; let them toss in air!  
Only leave me freedom next year's load to bear."  
"Do my waters cheer thee," says the gurgling spring,  
"With the crystal coolness 'tis their life to bring!  
Leave me not to stagnate, creeping o'er the plain;  
Drink for thy refreshment, drink and come again!"  
"Can I yield you blessings?" says the friendly heart.  
"Fear not I am poorer though I much impart.  
Wherefore should you thank me? Giving is my  
need:  
Love that wrought none comfort, sorrow were in-  
deed!"

# THE MONARCHY. SAMUEL--KINGS

AGNES M. LAWSON

THE original inhabitants of Jerusalem felt so secure, the city being a natural fort, that they contemptuously sent word to David, "Thou shalt not come in thither, but the blind and the lame shall turn thee away." Material walls in themselves are no security; and mortal man who puts his trust in them, awakens to find the stronghold his no longer. Constant vigilance is the price we pay to hold forts, be they material or spiritual; and as Jerusalem belongs to him who can take it, David enters and establishes his kingdom there. The wandering tribes now have a capital and during the reigns of David and Solomon the nation reached the zenith of its national power.

One great sin darkens the pages of David's history; and the historian makes no attempt to condone it either because David is founder of the monarchy, or the popular hero of the race. Then we see the "national conscience," the restraining hand of the prophet. Nathan presents himself before the king, and tells him the story of a great wrong. "There were two men in one city; the one rich and the other poor. The rich man had exceeding many flocks and herds; but the poor man had nothing save one little ewe lamb; which he had bought and nourished up; and it grew up together with him and his children; and it did eat of his own morsel, and drink of his own cup, and lay in his bosom and was to him as a daughter. And there came a traveler unto the rich man and he spared to take of his own flock but took the poor man's lamb and dressed it for the man who was come to him." The anger of the generous David was greatly kindled, and he exclaimed: "As the Lord liveth the man who hath done this thing is worthy to die." Nathan answered: "THOU ART THE MAN."

In his own household he had sinned, and to his own household retribution comes. There arose a feud between the sons of David; and Absalom lays deliberate plans to depose his father. Still David is always the father, never the enemy of Absalom; and though driven from Jerusalem again into hiding, commands his generals, "Deal gently with the young man for my sake." He does not ask of the returned courier the success of his own army but, "Is it well with the young man?" And it is not the victor, but the father who retires to the chamber over the gate weeping, "O my son Absalom! Would God I had died for thee, O Absalom my son, my son." The kingdom belonged to David, he had gained it; Saul could not keep it from him, Absalom could not take it from him; because he was friend and father first and king last. The spiritual fulfilment of our duties always holds the external symbol true and fast.

When Solomon succeeded his father, the Lord appeared to him in a dream by night, and said to him: "Ask what I shall give thee." Solomon says: "Give thy servant an understanding heart to judge thy people, that I may discern between good and evil." The speech pleased the Lord, who said to him: "Because thou hast asked this thing, and not asked for thyself long life; neither hast asked riches for thy-

self; nor hast asked the life of thine enemies; lo, I have given thee a wise and understanding heart; I have also given thee that which thou hast not asked both riches and honor, and I will lengthen thy days."

This, however, is a "dream by night;" it is not a day vision of God. A "dream by night" may be but a travesty of the Real. When we read closely and searchingly into the life of Solomon, we know this "Lord" was such an one. He is not our God, neither the wisdom he gives, nor the gifts he bestows strike a responsive chord in the soul. The "understanding" of Solomon is a cold judicial mind. "The heart hath its arguments which the understanding knows not of." Who cares for riches, honor or long life, if love be lacking? Who that has found infinite substance and has learned to build therein cares for riches? Who that has received the gift of "eternal life," knows aught of length of days; he who dwells out of time in eternity.

There is always something elementary in David; he touches the soul of things and strikes a chord to which we always respond; but try as we will Solomon can never gain entrance into our hearts. Competency we grant him; executive power he certainly has; he is magnificent and kingly in all of his ways; but all about him, all that he has relates to "this world;" and though his kingdom seems to be flourishing, we always feel the rumble of disintegration. Unity is lacking—the many strange women—his politic marriages with foreign powers, all bring with them their gods; and Love, the combining power, is almost conspicuously absent. It is all a spectacular play of scenic effects, the curtain will drop and the scenes will all be torn down. We come with the Queen of Sheba, to admire his temple, his buildings, his reservoir, his commerce; but we leave him and say with the Preacher: "For what hath man with all his labor, and of the striving of his heart wherein he laboreth under the sun? For all his days are but sorrow, and his travail is grief; yea, even in the night time his heart taketh no rest. This also is vanity."

The children of Israel pay the price for the king as foretold by Samuel. Solomon's magnificence is built out of the flesh and blood of his subjects, the nation has been reduced to slavery. He built the great temple with a levy of impressed labor, "of stone made ready before it was brought thither; so there was neither hammer nor axe, nor any tool of iron heard in the house." He built a palace for himself that was thirteen years in building; and another one for the Egyptian princess whom he had married. He had a great navy which allied with that of the Phoenicians went as far away as India. But it is a monarchy of oriental splendor and despotism, dissatisfaction is rife and its downfall is imminent.

No master but Love ever receives loyalty, and an overseer whom Solomon had placed over the northern portion of his kingdom, Israel, is found guilty of intrigue, plotting for the secession of the ten

## The Gifts of the Months—

August

RUTH DALZIEL ELDERKIN

**A**UGUST, the month of vacations, and the time above all others when we need the saving grace of humor. So, as the warm days slip by and trains are late and collars wilt and the unexpected adds zest to our plans—let us demand of August that she ripen this valued gift in us.

If salt without its savor is good-for-nothing, so life without this happy faculty is a barren waste. Even love grows dank and heavy without the leaven of wit. Isaiah makes God say that the solemn meeting is an abomination to him. Isaiah 1:13.

The ability to see the absurd and an enjoyment of humor is based on a *fine feeling for proportion*. All things find their value by comparison and one must have a standard established on the changeless truth in order to appreciate the “funniness of *nothings*.”

This sense of value comes from being able to see events and circumstances in their relation to the *whole of life*; having ever in mind the limitlessness of time and space, so that the temporal does not assume the weight of the permanent, mole hills do not become mountains, and things of no moment do not take the place of that which has real value.

The great war could not have been had all men been blessed with a fine sense of humor—the utter absurdity of the whole situation would have saved the world this experience. Taking the unimportant seriously gives us all our trouble.

In our own lives what might cause hurt feelings or a heavy heart may be a source of amusement if one is keenly alive to the unity of all life, knowing the Omnipresence of God as the *only reality*. Little things will not disturb our peace when we are conscious of big values.

Many of the gloom thoughts will sparkle with light if we can see experience as it is in Truth, wholly mental, and only an opportunity to help us realize the joy of that which *is*.

In the Sacred Books of the East there is a tale of a King, a Philosopher, and a Peacock's feather.

The king desired to know Truth, but when the philosopher called to teach him, he said: “I am busy with my court, come at a more convenient season.”

The philosopher, nothing daunted, waved his peacock's feather under the king's nose, and even as he did so the king's eye flickered. In that flicker he rushed from the court, mounted a charger and rode into the desert until he came to an oasis. There he laboured as a farmer, married, had children, and in due season was overcome of death. As he was about to be buried the eye flickered again, and the peacock's feather was on its return wave. Yet all the figments of his dream, while they lasted, had been as real and vital as the events of his court.

Therefore the king arose and followed the philosopher that he might know those true values that are the very fountainhead of sanity and humor.

Humor is the power to see the littleness of little things and the bigness of the big. For no one is

truly sane who has not a sense of humor based on the reality that God Is All, and All Is Well.

Refuse to take seriously that which is not real, “Give no place to the devil.”

God is All and All is Well.

### SELF EXAMINATION

Am I willing and ready to surrender my present, my past, my views, my problems, my doubts, my loves?

Am I willing to let God Breathe me?

Am I willing to let Infinite Mind think me?

Am I willing to let the Almighty be the Source of my strength?

Am I willing to let Love envelop me?

Am I willing to see all life as the action of Infinite Intelligence?

Am I willing to let be That Which Is?

Am I willing to be just what I Am?

Am I ready to accept the Conscious Joy of Realizing with God?

Am I ready to acknowledge Health as my inheritance?

Am I ready to accept Peace as my Freedom?

Am I ready to see Truth in everything, and the perfection of God everywhere?

Am I willing and ready to dissolve the personal in the Presence of the Universal?

MARY LAWRENCE BOHNENKEMPER.

### THE MONARCHY. SAMUEL—KINGS

Continued From Page 3

northern tribes. Jeroboam is unscrupulous, but ambitious and valorous. Solomon discovers his plot and he was forced to flee into Egypt to escape the wrath of his royal master.

When Solomon dies, even his wordly wisdom and diplomacy does not descend upon his son and heir, Rehoboam. Israel demands of the new king by the envoy sent out to meet him, “Thy father made our yokes grievous; now therefore make thou the service of thy father, and his heavy yoke which he put upon us, lighter, and we will serve thee.” Solomon's son will not listen to the elders of the people who advised leniency; but to his own foolish, young companions, and said to the envoy, “My father made your yokes heavy, and I will add to your yoke; my father also chastised you with whips, but I will chastise you with scorpions.”

No government can last save that which rests on the consent of the governed; there is a rebellion against Rehoboam; and the ten northern tribes seceded leaving to the southern kingdom at Jerusalem but Judah and Benjamin. So the monarchy fell; and the two kingdoms of Judah and Israel were formed on its ashes. Jeroboam returned from Egypt, and was crowned king of Israel. Thus were the ten tribes lost to the nation and to Jehovah; for Jeroboam, the son of Nebat, did sin and caused Israel to sin. He made two golden calves, Egyptian symbols of fertility; one he placed at Dan and the other at Bethel. So in the maze of idolatry and debauchery, the ten tribes were swallowed up among other heathen nations.

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NONA L. BROOKS, Editor

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IN GOD WE TRUST

**I**N February last, Collier's Weekly published an article on Bolshevism by Ilya Tolstoy, which contained the Legend reprinted below. It is of particular interest as showing the variation in the type of mind of the older generation like Count Tolstoy and his son, who looks on evil without fanaticism or hatred, but tries to understand it in a way that scientist or historian could never have done. It is indeed a legend lit by the glow of the past, symbolic in that it forecasts the future. The editorial page comes by it through the daughter of a Divine Scientist who has used it in many public readings; to her we owe many thanks.

## THE FOUR STAGES OF LOVE

A Legend

By COUNT ILYA TOLSTOY

When God created man and breathed into his nostrils the breath of life, He called to His side the Angel of Good, and God spake to him thus: "Here is a man. Take care of him and make him happy."

Then quoth the Angel: "How can I care for him and how can I make him happy? For the Spirit of Evil hovers continuously over him and would lure him to a Realm of Darkness, the Kingdom of Death. How can I link him to life?"

Then God counseled the Angel: "Awake in man's heart the instinct of love which I gave him, and make him love himself. Let him once learn to love himself, and he will beware of Death."

And the man began to live and struggle against the forces of Death and to love his own person and hate the semblance of Death. Then the man knew his wife and she conceived and bore him children, and the generations succeeded each other from children to children, and the families were fruitful and multiplied.

So the Spirit of Evil rejoiced, and he began to plot against them. In their hearts he sowed the seeds of dissent. Each man, loving only himself, began to quarrel.

Then the Angel of Good, grievously dismayed, pleaded with God thus:

"I have aroused in man the instinct of love for himself: but the Spirit of Evil has planted in his heart the seeds of strife, and now men, loving only themselves, quarrel with their families; brother slays brother; parents kill their children, and children their parents."

Whereupon God answered: "Raise man to the second stage and make him love his family."

So the love of man burst into a brilliant flame, as he learned to love his household as himself. Then the race of men increased as the sands of the sea and peopled the whole earth.

But the Spirit of Evil chuckled in his malevolent

designs, as he said to himself: "Now that the race of man has multiplied on the earth and families have peopled it, I will make them struggle together for the illusive things of life. I will set household against household and family against family, and each will seek the triumph of his own, and they will all strive for earthly fortune, each for his own share."

And sadness came upon the Angel of Good, and in his sorrow he spake thus to God: "Behold, what misery the love for family has engendered. Man destroys whole households that his own may survive, while the Spirit of Evil triumphs over the earth."

Then God answered the Angel of Good, and said: "Raise man to the third stage of love, so that he may love his nation."

So families were united into tribes and tribes into nations, and the people learned to love only those of their own country and nationality.

Whereupon the joy of the Spirit of Evil knew no bounds, and he spake to himself thus: "I will set nation against nation. Each man shall fight for the greed of his own country. So the love of man for his nation will burst into flame all over the world, and the rivers will flow red with blood into a sea of destruction, in the frightful fray of nationalities, and nothing can stem the blood that is shed."

So at the head of each nation the Spirit of Evil placed wicked rulers, and crowned their heads with diadems of gold, and made their hard hearts bitter as gall. And the rulers poisoned the hearts of their subjects with hatred for foreigners. So men slew brother men in battle because their love was only for their own land and for their own ruler. And a devastating fire swept from one ocean to the other over the earth.

Then with anguish in his soul the Angel of Good came into the presence of God and said: "In the name of love for their country, which people call patriotism, they destroy one another more mercilessly than before, and the Spirit of Evil greatly rejoices in his victory."

Whereupon God answered the Angel of Good and spake to him thus: "Raise man to the highest degree of love, making him to love all nations and races living on the face of the earth; teaching him that all mankind are his brothers. Make him love each human being as he loves his country, and his country as he loves his family, and his family as he loves himself. Then shall my will be done and my Kingdom come on earth as in Heaven. And man will live to enjoy the happiness which I have prepared for him."

Then the face of the Angel of Good glowed with great joy, as he began to fulfill the will of God. And there followed the falling of thrones, and the golden diadems of the rulers were cast into the dust. So the Spirit of Evil lost his faithful servants, as mankind assembled together in one mighty family of nations, the strong caring for the weak.

And a star of wondrous luster arose in the heavens and a marvelous light of iridescent beauty enveloped the earth, for a new flame of love illuminated a new path and warmed the hearts of men, auguring the coming of an earthly heaven, which was promised by the Prince of Peace—the Kingdom of God. Thus mankind at last found happiness.

# Primary Training Lessons in Divine Science

JUNE B. BENEDICT

## LESSON IV.

### Topic—Thought Training.

"Stand fast in One Spirit, with One Mind."

#### Analysis:

Omni-Presence; One Mind By the Law of Expression Thinks All—Eternally.

God is the Thinker Universal, therefore I am the thinker Individual having *the same mind* under varied thought, word and expression.

I know my Place in Mind.

#### Statements:

"When I was a child I spake as a child, I understood as a child, but when I became a man, I put away childish things."

"Commit thy words unto the Lord, and thy thoughts shall be established."

"Seek ye first the Kingdom of God, and all these things shall be added unto you."

"We are learning that thought is not an originator of idea, but is based upon the Idea that is within the Universal Mind. The Wisdom and the power of thought is received from Mind, for thought is Mind's Activity. We can no longer say, I think, therefore I am, but I am, therefore I think. I am before I think or speak. My true thought, word and body, are what I am in my Source, and according to my understanding of what I am, will be my realization of what my body is." Truth and Health.

"After understanding the teaching of Truth, live according to its spirit, declare the One-All until you are convinced of the Truth. Refuse to entertain for one moment opposite claims that have no real cause or true existence; keep this consciousness with you all the day long." Truth and Health.

"I shall take myself in hand and watch my impulses and if I detect the stirring of what I have believed to be my lower nature, I shall not even pay them the respect of recognition, but at once extinguish them by negation, by reckoning them illusory, non-existent, dead, and I shall fill their place by affirmation, by reckoning my true self alive to God." Archdeacon Wilberforce.

"Now in all of us, however constituted but to a degree the greater in proportion as we are intense and sensitive and subject to diversified temptations—does the normal evolution of character chiefly consist in the straightening out and unifying of the inner self." William James.

"All visible things are Idea or Soul before they are expressed in form, and this Idea is in Infinite mind, or this Soul is in Holy Spirit. For this reason body always senses divine harmony when Thought, the instrument for expressing, pictures forth true Idea. Nothing but effect can be effected by Cause; the Thinker is above and beyond change, at-one with the Infinite Source. This is Law, nor is it ever otherwise." Mrs. Cramer.

#### Questions Used in Development of the Theme:

- If we start from the Basin of God the Thinker, where do we place our activity? P. 70, 71.

(b) What is our individual place in this process? To put ourselves at one with him and his Idea. See Statement by Wm. James quoted above.

(c) How shall we do it? By finding our stand on the One Basis. What is eternally true is true now. Bot. of P. 184, 185.

(d) How can we know Truth? By accepting the Premise of the Statement of Being and proving it. That which is not Truth, will fall away if we do our part to prove it.

(e) How shall we be able to prove it? By Training our thoughts, words, deeds, by thinking back to our basis for every decision, by differentiating between what is eternally true and what is passing.

II. When shall we be able to treat? You are already treating if you are thinking the Truth. You are giving an individual Treatment as soon as you apply the Truth to an individual case, or specific instance. 189-193-232. Question 5, Bottom of P. 239-241. Bottom of 164-169.

III. Does Treating change conditions? No, merely our perception of real conditions is quickened. We cannot work with what is already created perfect. We can only see it so.

(b) What is the most practical way to learn to control our thought? Bot. of P. 209-213.

(c) How shall we overcome our belief in sickness? Shall we deny it, ignore it or fill our mind with that which is eternally true? See Wilberforce statement quoted above.

*Learn to go back to the Basis in every question.*

#### Advanced Work:

Write a short prayer on Thought as a Living Process. Read "Our Judgment Day" in the textbook. Use statements on P. 80 to analyze. Give the Premise and Conclusion for each one.

"The sun does not shine for a few trees and flowers, but for the wide world's joy. The lonely pine on the mountain top waves its somber boughs, and cries, 'Thou art my sun.' And the little meadow violet lifts its cup of blue, and whispers with its perfumed breath, 'Thou art my sun.' And the grain in a thousand fields rustles in the wind and makes answer, 'Thou art my sun.' So God sits, effulgent, in heaven, not for a favored few, but for the universe of life; and there is no creature so poor or so low that he may not look up with child-like confidence, and say, 'My Father, Thou art mine.'"

—Henry Ward Beecher.

I am only One,  
But I am One.

I cannot do Everything but I can do Something.  
What I can do I ought to do;  
And what I ought to do  
By the Grace of God I WILL DO.

"The Power that created, and that sustains me every instant of my life, repairs, renews, restores, heals me. I am health, I am vigor, I am power."

This lesson was chosen from the Sunday School Lessons in Divine Science, Senior Department from "The Life of Paul", Lesson XLVI.

### "THE GREATEST THING IN THE WORLD"

I. Cor. Chapter 13

Learn the whole chapter to repeat it easily.

Live with it until you can comprehend its deep meaning.

In this essay of Paul's we have not only one of the greatest gems in literature, but also the wonderful key, which, if kept bright by use, will open to us the way to the Life of accomplishment and true success.

#### Analysis.

What Love does not consist in.

Vs. 1. The eloquence of the angels themselves would be of no avail without Love.

Vs. 2. The gift of prophecy, the knowledge, understanding and faith to perform any task are nothing without Love.

Vs. 3. Though one gives all he has and sacrifices himself wholly and has not love, it profits him nothing.

#### What Love is.

Vs. 4, 5. Love is a divine radiance, as free as the air and sunshine. Absolute selflessness.

Vs. 6. Love places no human opinion or condemnation upon any act or condition but restores or repairs the breach.

Vs. 7. Love is a radiating presence lighting every condition and experience.

Vs. 8. Love is the one power that will win every time.

Explanation and Illustration—Vs. 8-12.

#### Summary.

Vs. 13. And now abideth faith, hope and love, these three, but the greatest of these is love.

Faith and Hope have been recognized and used systematically by the masses. They are the basis of all business enterprise and are back of all advertising. They have carried the race far in its development.

Love, the Big Love, as analyzed above, is the one thing needed to solve all the race, class and individual problems.

Love included with her other virtues would have made Germany magnificent.

Love included in the world scheme will make heaven.

Love is the fulfilling of the law. It fulfills the law by harmonizing and bringing into accord all the seemingly divergent forces and interests.

In music the most sublime harmonies are those that seemed the most unsolvable. In human problems Love finds the greatest common denominator and the least common multiple where all the interests can meet in co-operation and understanding.

Love is the light that brightens the day and makes every problem a privilege.

Love is the oil that smooths the waters and lubricates all the machinery of living.

Love is the active presence of God everywhere, and Love can never fail.

#### Statement.

But the greatest of these is Love. (I Cor. 13:13b).

### A PRAYER IN TIME OF NEED

Oh God, our Father, giver of every perfect gift, we thank Thee that Thou dost intend the world with all its varied life to be an education in brotherhood. Help us so to use Thy gifts that through them we may discover the deeper meaning of Thy purpose and may show to others the beauty and wisdom of Thy plan. Give especially to all who mould public opinion or who have authority among the nations, a vision of the real end toward which Thou dost desire that all things should work together. Purge them of every evil motive; endow them with clear and balanced minds and give them courage and humility to uphold what is right and follow what is true. So may all men of good will be united to fulfill Thy promise that the work of righteousness shall be peace. Through Him in whom Thou art reconciling the world unto Thyself. Amen.—From "*The World Tomorrow*."

### The California College of Divine Science Makes the Following Announcement

A Correspondence Circle is being opened, which is to give opportunity for those who are unable to attend our meetings frequently to keep in personal touch with helpful influences. Any who feel the need of help in realizing health, abundance, harmony or fuller understanding are invited to co-operate by exchanging a weekly letter with one of the workers, and by joining daily in the healing silences. The only requirement is the regular study of the lessons found in "Daily Studies in Divine Science." A love offering will be accepted. Address Miss E. R. Farnham, 727 Fourteenth street, Oakland, California.

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